



**2005-2006
Annual Report**



**The Symbol
of Quality**



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President's Report

Last year I wrote "The past year has continued the 'interesting times' in which Okanagan Families Society has found itself". This is still true ... the Society maintains its journey of evolution in the face of changing circumstances. When I joined the Board in 2000 it could have been described, without of a lot of exaggeration, as an agent of the Ministry of Children and Family Development. That certainly is no longer true, as MCFD directed services now represent only a portion of our major endeavors. The Society now defines itself in a number of other, interesting ways.

1. Through our continuing interest in youth addictions

Even though we have not been successful in maintaining the Detox program, our interaction with the community on the issue of youth addictions has been an outstandingly positive experience. The night we sponsored in December at the Arts Centre was a vivid demonstration not only of the community's concern for youth, but also for the role of the Society. It also represented the first time the Society made extensive use of a community advisory group.

2. Through the development of the concept of the family place

The process of consulting with the community on the design and the function of a family place was unique for Kelowna. It strengthened the Society's commitment to walk with and listen to the community in understanding its youth and family issues. It is clear that the community hopes and expects the development of the family place idea to make great strides in the coming year.

3. Through a community needs assessment

Nancy Johnson, my predecessor as President, pushed for the Society to do a comprehensive assessment of the community's needs. Well, we finally accomplished the task this past year. And its results are certain to direct how our programs and services will change in the coming months, and indeed how the community understands itself and its needs. You were right to insist on the Society doing this, Nancy!

4. Through our role as BC coordinator of Invest in Kids

A great opportunity to serve families and to expand the reach of the Society beyond our own community. Also a wonderful way to move from dealing with youth after problems have developed



to the support of families as a way of helping to avoid difficulties in the first place.

I believe these are positive developments which bode well for the future of the Society and its service to the community.

On the negative side of developments, the departure of our accountant and the upcoming departure of the Program Coordinator of Healthy Children's Initiatives are a loss to the Society. We thank Craig and Anima for their high quality service and trust that they will prosper in their new situations.

Sadly, I too am leaving my active service with the Society. I have enjoyed my years on the Board and hope that in some small way I have contributed to helping youth and families in the Kelowna area. My leaving is not a reflection on the Society and its services, but rather that I have grown in the understanding that Board members should be well connected to the community, something that I can no longer be as a resident of Summerland.

Fare thee well, Okanagan Families Society!

Dave Head

President



Executive Director's Report

This year's report shows a continued emphasis on services of the Society but also includes reports in the areas Continuous Quality Improvement and Research and Development. Both of these areas are of strategic importance to the Society.

As you read this year's report you will notice that we are making a concerted effort to better understanding the needs of children and families while building stronger linkage with the community and working to diversify funding for the Society.

This year also saw:

- Work toward the development of a Family Place in the Central Okanagan.
- The closure of the Iridian Centre and the work to develop other services for homeless youth through the Iridian Project.
- The completion of bargaining and a new collective agreement with the unionized section of the agency.
- The development of a website.

It has been a pleasure to work with the board, staff, service volunteers, funders, service clubs, advisory teams, community citizens, parents, youth, and other community agencies each of whom have contributed immensely to the work of the Society. I look forward to deepening our relationships with all these individuals and organizations to identify those opportunities to improve the lives of the children, youth and families of our community.

Dennis Dandeneau

Executive Director



Service and Activities

Priority Services

Family Counselling

An important component of Priority Services is the Family Counselling Program which offers pragmatic and goal-oriented counselling service to families, individual members of families, and groups. A variety of services to families are provided, including parenting support and education, communication enhancement, and support to children and youth in care of the Ministry of Children and Family Development. Referrals for this program come directly from the Ministry of Children and Family Development, or the Child and Youth Mental Health Team.

Okanagan Families Society promotes integrated case management, which essentially means involving the participant, the family, and as many relevant support services as appropriate. As a result, counsellors are much more involved in the collaboration of best practices and participants are active change agents in this process. Participants are actively engaged in the planning of goals and outcomes of service. We continue to work with the Ministry of Children and Family Development to further develop and enhance the use of this model.

Service includes supporting youth and their families through the emotional, behavioral and family challenges that include, but are not limited to; employment, education, and family challenges, adjustment and support for children who have been placed in care of the Ministry of Children and Family Development, and a variety of mental health challenges including anxiety, depression, ADHD, and substance misuse.

Okanagan Families Society has been very successful in bringing its reporting systems into Council On Accreditation (COA) compliance, a rigorous process which included, amongst other innovations, higher standards of accountability and improved quality and creativity of service which is to the benefit of our participants.

Service Reports indicate the Family Counselling Program is consistently above 100% utilization.

Priority Services, which includes Family Counselling, is an active participant in the MCFD-Okanagan Families Society Joint Development Committee, which meets quarterly to review the



quality of service, and to maintain our communication and feedback loop as contract service providers for the Ministry. We give and receive feedback to ensure responsiveness and vitality within Priority Services.

Peer Support Group

The Peer Support Program has been operating since 1995 through the collaboration between MCFD Child and Youth Mental Health Centre, B.C. Schizophrenia Society, Okanagan Families Society, and with support from the Kelowna General Hospital, parents, youth and friends. This community-based program aims to provide a supportive social and recreational program where youth with psychiatric illnesses are able to develop peer relationships, find acceptance, develop skills and learn to manage their symptoms effectively. The group is open to all youth ages 14 to 19 years of age in the Central Okanagan. We have served approximately ten to twelve youth in 2005-06. The group is facilitated by two counsellors from Okanagan Families Society with support from MCFD Child and Youth Mental Health. The group meets weekly and includes recreational activities such as bowling, nature walks, skating, camping, tennis, etc. Community events are attended whenever possible. Indoor board games, videos, and crafts are also included in the monthly schedules provided to the group members

Youth Transitions

Youth Transitions provides support to young people referred by the Ministry of Children and Family Development. This program has been operating successfully since 1988 and provides support to young people in care of MCFD who are enhancing the life management skills necessary for a competent transition to adulthood. This service is designed to provide a community-based living experience for young people. Life management skills include but are not limited to; household maintenance, accommodation searches, financial management, pre-employment/employment, education and career planning, health and legal issues.

Youth Transitions believes in the inherent value of young people and the unique experiences and knowledge they bring to the service. Young people are involved in service planning, development and evaluation. This speaks to the motivational level of young people when, as partners, they are provided with



opportunities to be actively involved in decisions that affect their lives. It also speaks to the counsellors who, believing in a capacity building approach, are always searching for ways to provide opportunities to assist young people to enhance their sense of self and to create a vision of their futures. Together, service providers and participants provide resources that contribute to the ongoing evolution of the project. Youth Transitions has partnered with several community organizations including; the Ministry of Children and Family Development, UBC-O, Okanagan Boys & Girls Club and the Kiwanis Club – Summit and appreciates their support.

S.A.G.E. Workshops (Support and Action Gains Employment)

In 2005, Okanagan Families in partnership with the Central Okanagan Boys and Girls Club and the Kiwanis-Summit, provided Foodsafe to young people. Foodsafe was offered two times at the Central Okanagan Boys and Girls Club downtown youth centre, Club 180, and once at Okanagan Families Society. The workshops were also offered to community youth and several took the opportunity to register for this certification workshop. Okanagan Families Society would like to thank Cheryl Longeway, Youth Transition counsellor, for facilitating the project. The hours of preparation she has devoted to the project is deeply appreciated.

Transition Suites

Transition suites provide young people in care of MCFD, including pregnant or parenting adolescents, with self-contained accommodation that offers a realistic living experience. Each suite has a mentor on-site for support and young people are assisted to gain or enhance life management skills with the assistance of the mentor and the Youth Transitions counsellor. Life management skills include financial management, household maintenance, menu planning and food preparation, educational programming and career planning.

Nine suites are part of the foster home support network under the direct supervision of the Resources Unit of the Ministry of Child and Family Development while continuing to be supported by an Okanagan Families Society Transition Suite Facilitator. All mentors are required to complete 52 hours of foster parent training which is mandated by the MCFD.



The mentors continue to provide quality service to the youth residing within the transition suites. The continued success of the transition suites is demonstrated by the mentors' ability to work collaboratively with the Resource Team, referring Social Workers, Youth Transition counsellors, Transition Suite facilitator and other involved community professionals. Most importantly, their dedication to the youth they support is highly appreciated.

Lawrence Avenue Residence

Lawrence Avenue Residence continues to provide long term care and support to youth unable to live in their family homes or foster care. Due to a significant lack of transitional resources for the youth in group care, there is a strong motivation to develop comprehensive transition plans for each youth and clearly work towards those goals to support transition to other resources.

This year, Lawrence Avenue Residence provided care and support to 15 youth who have a wide range of needs. A challenge has been to provide care to youth with significant age differences creating difficulties with supervision, monitoring and planning of activities and regular routines. Also, some of the youth placed in the program have been very aggressive. Staff have worked very hard to ensure the safety for the youth as well as for themselves. Community assistance has been available; however, availability of alternative placements for youth with challenging behaviors has not been available.

Discharge planning for young people has included placements in smaller group homes, foster homes, transition suites, as well as kith and kin placements.

Creative planning for the unique needs of the proposed youth to Lawrence Avenue Residence has become an area of expertise for the counsellors assigned to youth. Lawrence Avenue staff continues to work closely with the Ministry of Children and Family Development to develop programs and care environments to best meets the needs of youth.

Foster Home Support

Foster Home Support Program continues to be in high demand. This is a one counsellor program that supports foster homes which are referred by the Resources Unit of the Ministry of Children and Family Development.

Supporting the caregivers who care for children is a rewarding experience. Many of the children have very high needs and their



caregivers from time to time need a considerable amount of support. A focus for the program is the development of behavioral programs that can be easily implemented in the foster homes. Preserving placements for the children in the foster homes is the most important goal for the counselor in the program. Assessment of the needs of the caregivers, as well as the children in the home, becomes an important first step in understanding what kind of intervention and supports both the caregivers and children may require.

Iridian Centre

The Iridian Centre was the community's only youth detox program and operated until July 2005 when the funding through the National Homeless Initiative ran out. Unfortunately, funding to keep this valuable program open was not available. In an attempt to raise funds for the detox program, Okanagan Families Society hosted our first benefit concert, The Iridian Night of the Arts. This concert was a huge success, however, we were not able to raise all the funds needed to operate the program.

The Iridian Centre welcomed youth from all over British Columbia. Participation was voluntary and referrals were accepted from many resources, including self referral. During a young person's withdrawal from substances they would receive support, counselling and care from the Centre's nurse and residential staff 24 hours a day. Plans were developed for each participant to prepare for making lifestyle changes and discharge. The Iridian Centre was able to accommodate four youth at a time in a house that created a home like environment.

Healthy Children Initiatives

Healthy Children Initiatives is the health promotion, prevention and early intervention branch of the Okanagan Families Society. The purpose is to support families and the community to promote the healthy growth and development of children ages 0 to 6 years.

Parenting Support

This initiative is funded by the Public Health Agency of Canada (PHAC), the Community Action Program for Children (CAPC), and the Ministry of Children and Family Development (MCFD). The purpose of the service is to provide, in collaboration with Public Health Nursing, group parenting education and support for



overburdened families and to increase community capacity for families of young children (0-6 years of age).

Giggles and Hugs

There are three Giggles and Hugs support groups, held weekly at the Rutland Knights of Columbus Hall, the Cadder Avenue site of the Society, downtown Kelowna and at the Westbank United Church.

Group Format: The initiative consists of a weekly group co-facilitated by an agency group facilitator and a public health nurse. Program assistants, volunteers and students from both organizations assist with program delivery. The facilitators are trained in “Mother Goose” strategies; songs and rhymes are a popular component of the program. Educational topics include relationships, power of play, dental hygiene, sun sense, nutrition, child safety, bedwetting, speech development, toilet training, fire and car seat safety and infant development. Guest speakers/facilitators are invited frequently from community agencies. The program content is participant-driven for parents of children 0-2 years of age. Siblings are welcome to attend. Transportation, child minding and nutritious snacks are provided at no cost to the parents.

Tots Making Tracks

The weekly toddler group is held at the Cadder Avenue site, downtown Kelowna. The purpose of the service is to provide, in collaboration with Public Health Nursing, group parenting education and support for overburdened parents of young children (2-4 years of age) who may be graduating from the Giggles and Hugs group and/or new to the community and require support for parenting, and to increase community capacity.

Group Format: Activities for the parents, childcare for siblings and a nutritious light meal is provided by a group facilitator, an early childhood educator and a program assistant. The goal is to offer an enriched play environment for children using pre-school themes and ideas. Parents are encouraged to participate in group planning and day-to-day operation.

Special Deliveries

Special Deliveries is a weekly support group offered for pregnant women and their partners, at the Cadder Avenue location, downtown Kelowna. The focus is to promote healthy pregnancies, prenatal nutrition and breastfeeding, and to



increase support in the community for pregnant women living in conditions of risk. Public Health Nursing is a key partner in this initiative in promoting the service, providing consultation to staff and providing referrals. A nutrition consultant visits the group regularly to provide group and individual nutrition consultation and support.

Group Format: The facilitator works with one child minder and provides facilitation in consultation with public health nurses and other community organizations. A nutritious lunch, health and nutrition education, guest speakers, free vitamins and food certificates, as well as childcare for older children are provided. Women are encouraged to attend the group sessions up to six months post-natal.

Steering Committee: The Steering Committee for the above parent support groups is comprised of public health nurses and their supervisor, agency group facilitators and their supervisor, parent representatives from each group and a MCFD representative. The committee meets at least three times during the year to review the program format, funding, staff support and program content.

Drop-In Parent Support

Family Resource Program

This mobile parent support group is funded by the Family Enhancement Grant from the Ministry of Children and Family Development and is offered in partnership with the Kelowna Child Care Society and the Okanagan Boys and Girls Club.

Group Format: Focus of the program is to provide a play method of parenting with active parent and children involvement. Liaison activities are carried out by the Okanagan Families Society staff while facilitation for the mobile groups is provided by Kelowna Child Care Society staff. The mobile program has been offered at six different locations from Peachland to Oyama in 2005-06.

As an enhancement activity for the above program, a weekly drop-in '**Parent Talk**' was introduced in 2005-06. The session covered a number of parenting education themes identified by the parents and offered by renowned guest speakers each week. Child minding was provided at no cost. There has been great feedback and attendance by the parents to this pilot drop-in session focused on parenting issues.

Steering Committee: The committee consists of personnel from the three partner agencies: Okanagan Families Society, Kelowna



Child Care Society and Okanagan Boys and Girls Club, as well as the Manager, CATCH (Community Action Towards Children's Health) Coalition. The committee members meet bi-monthly to monitor the progress of the service delivery and continue to work towards sustainability and capacity building on the part of parents and the community in general.

Parenting Courses

Pre Natal Wellness

Funded by the Interior Health Authority, this program is offered in partnership with the YM-YWCA at two different locations; at the Rutland Family Y site and at the Mount Boucherie Recreation Complex on the Westside through in-kind space contribution of the Regional District of the Central Okanagan. The goal is to deliver a Pre-Natal Wellness Program targeted to prevent and reduce low birth weight babies through early intervention and education of pregnant mothers and their partners from all income levels. Nominal fee is charged to provide for long-term sustainability for this pilot project.

Group Format: Group sessions are co-facilitated by project facilitators from the Okanagan Families Society and the YMCA-YWCA, over six evenings or weekends. Session topics include nutrition and pre-natal development, pre-natal body image and maternal weight gain, exercise levels and general health, supports required for reducing stress and pre-natal problems, and care of the new born. An evaluation component is built in to the project activities. Light nutritious snack is provided.

Parent Education Courses

Parent Education focuses on primary prevention by developing and offering various parenting education courses, a parenting resource centre and responding to inquiries from the general public. Because the funding is not available to cover the costs of providing courses for parents, courses have been offered on a fee-for-service basis to recover costs. A strong evaluation component is integral to the implementation of the courses. School District # 23 provides support for promoting the courses in their newsletters.

Course Format: Three parent educators instruct the various parenting courses. Subsidies for course fees and child care are available to parents as needed.



Parenting with Purpose

Parenting with Purpose (PWP) is a community mobilization project funded by the Ministry of Children and Family Development.

Format: The goal of the project is to build on community capacity and create a community environment where learning about parenting is valued, encouraged and practiced, and where opportunities are available for all parents to access parenting education. Media activities are an integral part of the program, and include weekly spots on CHBC TV, CKOV and CBC radio to talk on parenting issues, and newspaper articles in the Daily Courier.

Steering Committee: A coalition of community agencies (see Appendix for a list of members) is the foundation for the project. Two facilitators mobilize the community around the project goals.

Facilitator Training

As a core activity of the Parenting with Purpose project, this service focuses on a Train the Trainer aspect of community capacity building in the area of parent education. Parents who are passionate about parenting and want to develop their facilitation skills participate in this program with the hope to share their knowledge with the community at large.

Group Format: Two sets of twelve-week courses have been completed over the last year with 16 parents trained to promote and deliver parent education to the community. The program includes a facilitator's manual and a workbook.

Regional Coordination

This initiative is funded by the Public Health Agency of Canada under the Community Action Program for Children (CAPC) project which, in the Okanagan Similkameen region, consists of programs in six population centers including Princeton, Keremeos, Oliver, Osoyoos, Penticton, Kelowna and off-reserve aboriginals. The Program Coordinator for HCI acts as the Regional Coordinator for the Okanagan Similkameen Community Action Program for Children Coalition (OSCAPC) to maintain partnerships and provide liaison with the Public Health Agency.

Steering Committee: The OSCAPC has been established to monitor the Community Action Program for Children in this region. Our agency is a member of the seven-member Coalition and participates with the Coalition to develop regional services.



BC Affiliate for Invest in Kids

Okanagan Families Society is the BC Affiliate for Invest in Kids, a national charitable organization dedicated to promoting the healthy development of children from birth to five years. The focus of this initiative is to enhance the profile of Invest in Kids in BC and be the central access point for Invest in Kids resources and professional training materials.

Since the inception of this initiative in October, the Provincial Coordinator for Invest in Kids BC is developing connections with provincial, regional and local networks, coordinating and implementing professional training workshops as well as distributing the Welcome to Parenting Boxes throughout the province.

“Welcome to Parenting Boxes”

Okanagan Families Society, undertook the responsibility of distributing twenty five hundred (2500) “Welcome to Parenting Boxes” targeted for high-risk families with children in the age group of 0-18 months. The focus of this initiative was to enhance the profile of Invest in Kids in BC and increase the demand for their products and services across the province.

Since the inception of this initiative in late February, all of the 2500 boxes have been distributed within a period of three (3) months, through a network of 18 regional, provincial and national programs located in over 30 different geographic locations. As these boxes are making their way into the community, the recipient organizations are extremely grateful (see table 5 for parent and professional feedback) for being able to receive and utilize this wonderful resource for parents and anticipate an on-going need for this resource.

Community Involvement

Community based program development is integral to HCI mandate and service delivery. This is reflected by on-going community involvement of the coordinator and staff in various networking and advisory groups as well as steering committees such as Community Action Towards Children’s Health (CATCH) Network, Parenting with Purpose Coalition, Steering Committee for Parent Support Groups, Family Resource Program and Pre Natal Wellness Program (see Appendix for a complete list of community partners).



Continuous Quality Improvement

Training

Curriculum

Curriculum training is conducted by both in-house and contracted instructors. Training is delivered through a mixture of knowledge based and skill based instruction and skill building exercises. These can include role-playing, case simulations and other experiential learning techniques.

This past year Okanagan Families Society has offered a number of training modules. The following are in-house training opportunities that have been facilitated by personnel.

Module	Facilitator	Date	Attendees
Ethics			
Behavioral Procedures	Dennis Dandeneau, Chris Furby, Dan Kalyn	August 3, 2005	11
Health and Safety			
Non-violence Crisis Intervention	David Daley	August 8, 2005	4
Service			
Board of Directors Orientation	<u>Chandler Street</u> : Lisa Schechtel / Cheryl Longeway / Anima Anand <u>Lawrence Avenue Residence</u> : Fia Andersson <u>Iridian Centre</u> : Chris Furby	November 2, 2005	5

The following curriculum modules were completed this past year through instruction outside of the agency.

Module	Facilitator	Date	Attendees
Health and Safety			
Cardiac Pulmonary Resuscitation / First Aid	St. John's Ambulance	4 various dates	11

Non Curriculum

Further training may be offered to personnel to assist in the performance of their job duties, including certification training for in-house curriculum instructors. Although personnel may not be specifically designated for certain curriculum training, they may make application to attend any training that may further their opportunities to advance within the organization and/or their profession. All non-curriculum training may be arranged with an immediate supervisor or program coordinator.



Where certification or licensure is required for the performance of duties, the Society supports opportunities for personnel to fulfill the continuing education requirements of their respective professions.

This past year personnel attended over thirty-five non-curriculum training events. These events ranged from conferences to certification training. Conferences included; Blueprints Conference 2006 (March 12 – 15, 2006) and Western Canadian Conference on Addictions & Mental Health (November 17 – 19, 2005).

Training that provided staff with certification:

- COA – Performance & Quality Improvement (February 20 – 21, 2006)
- Cognitive Behavioural Therapy (May 10 – 11, 2005)
- Essentials of Communication with Tact & Finesse (January 16 – 17, 2006)
- Helping People Change: Motivating, Engaging & Attracting Clients (June 3, 2005)
- Integrated Birth Doula Workshop (November 4 – 6, 2005)
- Invest in Kids – Working with High Risk Families in Child Care Setting (October 21 – 23, 2005)
- Invest in Kids – Kids Have Stress Too! (October 20, 2005)

In-house non-curriculum training:

- Employee Group RRSP (October 11, 2005)
- Review of Operations (January 17, 2006)
- Understanding Logic Models (December 5, 2005)

Other training events that personnel attended this past year:

- BC Food Systems Network – Sorrento Gathering (September 16 – 19, 2006)
- Building Resilience in the Workplace (June 9, 2005)
- CAPC, Coordinators Face to Face (October 6 – 7, 2005)
- Catching the Edge – From Learning to Action (March 29 – 30, 2006)
- Community Information Session: Drugs & How We Can Reduce the Harm (October 7, 2005)
- Creating Healthy Places (November 1 – 2, 2005)
- Dollars & Donors or How to Write A Grant Proposal (May 12, 2005)
- Dual Diagnosis (November 8, 2005)
- ECE Planning Workshop (May 31, 2005)



- Exploitation of Kids Over the Internet (February 14, 2005)
- Integrated Approaches to Aboriginal ECD (May 12 – 13, 2005)
- Internal Safety (February 14, 2005)
- LGBT Anti-Violence Project: Creating Strong & Safe Queer Communities (June 6 – 7, 2005)
- OS-CAPC Peer Site Visits (August 17 – 18, 2005)
- OS-CAPC Staff Training – Regional Annual Rendezvous (October 16 – 17, 2005)
- Planning a Comprehensive Community System for Early Child Development (May 31, 2005)
- Rights 2 Success (January 24, 2006)
- Same Gender Relationships (May 26, 2005)
- Show Me the Money (September 26, 2005)
- Straight Caregiver, Gay Client (April 20, 2005)
- Supporting Families with Mental Illness Community Forum (June 17, 2005)
- Sustainability Planning Workshop- Prenatal Wellness Program (July 18, 2005)
- Synergy- Integrated Approaches in Family Support (May 18 – 20, 2005)
- Transition Planning for Youth with Special Needs (January 27, 2006)

Evaluation and Stakeholder Feedback

Agency as a Whole

Background and Purpose

Stakeholder feedback continues to be part of Okanagan Families Society's commitment to ongoing quality assurance. A stakeholder feedback process was conducted by the Training and Quality Assurance Coordinator during the period of November 2005 to January 2006. The 2006 study replicated the 2003 and 2004 feedback processes gathering feedback from employees, referrers, volunteers and participants of all programs, excluding the services recently terminated.

Data Collection Method

The survey method was used to obtain feedback from four stakeholder groups: employees, referrers, volunteers and program/service participants. The 2006 study essentially replicated the 2003 and 2004 studies using the same questionnaire survey instrument.



A total of 12 surveys were administered: with 3 to each of the employees, referrers, and volunteer groups, and to participants in 9 different programs/services.

Findings

Please refer to the full report “Okanagan Families Society Stakeholder Feedback Report 2006- Working Document” for a detailed discussion of findings.

Integrated Summary of Findings

The following is an integrated summary of the findings from the 12 surveys completed on the stakeholder groups. Findings have been organized into two categories: feedback on the Okanagan Families Society employees, programs and services, and feedback on Okanagan Families Society as an organization.

Feedback on Okanagan Families Society Employees, Programs and Services

Survey results from employees, referrers, participants and volunteers of Okanagan Families Society’s programs/services are consistent in their high degree of support. While each group has a different perspective and interest, there is general agreement in many areas. These areas include:

High quality of Okanagan Families Society staff

Referrers and participants consistently rated Okanagan Families Society staff very highly in all the surveys and described them as “excellent”, “very skilled”, “insightful”, “helpful”, “sympathetic” and “great.” The high quality of Okanagan Families Society staff continues to be a major strength of the organization.

Professional, effective services

Okanagan Families Society continues to provide high quality, professional services to youth and their families. Referrers commented on the “pro-active communication and professionalism” of personnel and noted that staff were “able to problem solve and support an Integrated Case Management Model.”

Suggestions for improvement

As the feedback on Okanagan Families Society’s staff and programs/services was generally very positive, there were relatively few suggestions for improvement made by respondents, many of which were specific to the program/service received. However; the theme of increased resources has appeared in both the 2004 and the 2006 survey results. There



continues to be the need for more staff, increased space, or longer hours of service being available.

Feedback on Okanagan Families Society as an Organization

Overall, the feedback from Okanagan Families Society stakeholder groups of program participants, employees, volunteers and referrers indicates that Okanagan Families Society continues to provide a high quality, professional service to youth and families. The Okanagan Families Society mission and mandate appear to be clearly conveyed and the philosophy of an empowering, client-centered approach remains fundamental to service delivery.

Healthy Children Initiatives

Program Evaluation is an integral part of all projects activities. The following tables provide participant feedback:

Parenting Support

Parenting Support Focus Groups (N=51)	
% of parents who "learned about being a parent"	91%
% of parents who "learned about child development"	92%
% of parents who "learned baby care"	88%
% of parents who "learned about food/nutrition"	93%
% of parents who "used at home what was learned at program"	90%
% of parents who "learned about community resources"	91%
% of parents who "used the above resources"	78%
% of parents who "feel more supported by other parents and in the community since joining the program"	92%
General Comments :	
Thanks for being here for us; this has been a great support, awesome staff, and good program!	
Helps with difficulties I share with other parents, I love Giggles and Hugs, I don't feel like I'm alone, great program.	
I am more prepared for my baby; it has helped me feel supported by the community and the others.	
My boy is autistic - since coming to the group he has become a lot more social, I feel like I am among friends, it is wonderful to see the interaction among the children, I am treated with respect and it makes me feel good. They don't judge us here.	
I am one of the youngest parents - but I am treated the same as everyone else - this makes me feel important, I come to the group and ask questions and never feel like I am stupid, if I really need something – I know someone will try to help me, awesome group, wish it could be longer!	
I never miss coming to playgroup. Before coming to this group I never left my house. Now I love it here, I feel so supported!	
I love coming to the program to help out even though my kids are in school now. It is a safe place to meet other moms.	



Parent Courses

Parents' Comments (N=78)	
Did the course meet its objectives?	86% respondents said "yes, definitely" while 14% said "yes, generally"
<p>General comments:</p> <p>I would prefer longer session(4-6 weeks) so can do more role playing, work through more examples; very well presented, very necessary and informative</p> <p>Good examples from instructor; learned lots & gained confidence in my ability to parent; I loved it, it was very informational; really easy to understand and "aah I knew that "oh yeah know I get it"; great;</p> <p>well written; found it very interesting; excellent information & ideas</p> <p>The course exceeded what I expected to get from it; the course provides ways to look at self!</p> <p>great; too short; would highly recommend it & very reasonable price wise; quite applicable; good information</p> <p>Seems like the program is run to help people, not to take/make money."</p> <p>I hope this course gets well known in the community and has the chance to help many women who don't realize all the info and resources that are out there! Thanks you! (from a mom-to-be)</p> <p>I went kicking and screaming at first but did enjoy the class and learned a lot.(from a dad-to-be)</p>	

Invest In Kids

Parent and Professionals' Feedback
<p>It was a real treat to receive this box of goodies! I am so thankful to you!</p> <p>Made me feel special when I received this box as a graduation gift for attending Pre-Natal Wellness class"</p> <p>Helped my child interact with me and helped me bond with my baby!</p> <p>I found this resource very helpful to describe to the parents how to comfort, teach and play with their child! The video is particularly excellent!</p> <p>I would like to thank you very much for the Welcome to Parenting Boxes that you sent to our agency. They are a wonderful resource to give to parents of young children. We have distributed them and the parents are very much appreciative of this gift!</p> <p>We have viewed the resource and find that the video from Welcome to Parenting Box is the best example of any media message that can be provided to parents of children 0-5 years. Kudos to Invest in Kids for creating this resource and thanks to Okanagan Families Society for distributing in BC!</p>



Research and Development Activities

Society Promotional Activities

Okanagan Families Society Website

In 2005 Okanagan Families Society developed and launched the agency website: www.okfamilies.org. The development of the website was undertaken by the Executive Director, the Research & Development Officer, the Continuous Quality Improvement Officer and GetOn.com Technologies Inc. The website includes an overview of Okanagan Families Society background, departments and activities, a detailed services catalogue and an internal documents library.

Society Brochure

A brochure was developed and published for Okanagan Families Society programs in 2005 and 350 brochures have been distributed to the community promoting Society services.

Community Needs Assessment

In 2005 Okanagan Families Society developed and implemented a Community Needs Assessment Project to generate information that will enable the Society and other community agencies to enhance established programs and to develop new services and programs that are highly responsive, innovative and relevant to the needs of children, youth, and families in the Central Okanagan. Research assistance for the project was kindly funded through the Services Canada Summer Employment Program.

Survey

Surveys were distributed throughout the Central Okanagan. A total of 106 surveys were submitted by community members between the ages of 12 to 50+.

Youth

From July to September 2005 two research assistants conducted five focus groups and three interviews with a total of 29 youth between the ages of 13-24.

Parents

From August to November 2005 two focus groups and 11 interviews were conducted with a total of 19 parents who have children between the ages of 0-24 years, with a focus on parents



with children over 7 years of age (the CATCH Community Dialogue is currently conducting a needs assessment for parents with children ages 0-6).

Healthy Children Initiatives

Annual Parenting with Pizzazz Conference

In 2005 Okanagan Families Society was awarded \$2500 from the City of Kelowna Central in support of the Parenting with Pizzazz conference.

Parenting with Purpose

The Ministry of Children and Family Development contributed \$49,000 to Okanagan Families Society for the Parenting with Purpose program for 2005-2006.

Professional Development Training for Childcare Providers – Ministry of Children and Family Development

The Ministry of Children and Family Development awarded \$12,500 to Okanagan Families Society in support of an Invest in Kids professional development training workshop *Working with High Risk Families in Child Care Settings*.

Invest in Kids

In 2005 Okanagan Families Society became the provincial office for Invest in Kids, a national charitable organization dedicated to promoting the healthy social, emotional and intellectual development of children birth to age five. The Society received \$69,744 from Invest in Kids to hire a Provincial Coordinator and to offer training and services throughout British Columbia.

Feasibility Study for the Family Place Project

From 2005-2006 Okanagan Families Society embarked on a feasibility study to explore the options for building a Family Place in Kelowna which would focus on providing universally accessible parent-child interaction services that incorporate parenting support, education and counselling with affordable family recreation and active programming.

Family Place Charette Workshop

In March 2005, the Society, with funding support from the Interior Health Authority, contracted with architectural consultants from Urban Systems Ltd. and Meiklejohn Architects Inc. to carry out a



Charette to create a concept design for the proposed Family Place. The Charette was an intensive workshop involving 35 key people that provided input in developing concept planning for programming, spaces and ultimately a footprint for the future development of the project.

Neighbourhood Hub Research

In 2005 Okanagan Families Society Program Coordinator, Healthy Children Initiatives, Anima Anand and Research & Development Officer, Natalie Chambers, joined a research team with Lynn Malinsky, Assistant Professor, Faculty of Health and Social Development, and Barb Rutherford, Associate Professor, School of Psychology, University of British Columbia Okanagan. The proposed research project will address the central research question "what factors must be addressed to create successful resource "Hubs" that achieve universal access for parents and where parents and other stakeholders consider the program to be effective?"

In November 2005 the Community Action Toward Children's Health (CATCH) Coalition approved \$5,000 in funding for the Neighbourhood Hub research project. The project received ethics approval from UBCO in May 2005 and a research assistant was hired by Lynn Malinsky to assist with:

1. Conducting a literature review and environmental scan to identify provincial, national and international models for "Hubs" and existing evidence-based practice for parent ownership of resource development.
2. Interviewing parents and organizations that run programs for children and families to explore the research questions, "what factors must be addressed to create successful resource "Hubs".

Priority Services

The Iridian Project

In 2006 Okanagan Families Society continued to develop the Iridian Project, a support program that will assist youth and young adults (under age 30), that are homeless and at-risk of homelessness in the Central Okanagan, to obtain and maintain housing in scattered sites throughout the community, develop an income stream, and work on issues that contributed to young person being homeless in the first place such as family breakdown, trauma, substance misuse and other major



challenges. In February 2005 a Business Case was developed for the Iridian Project.

Iridian Centre

From 2002 to 2005 OFS operated the Iridian Centre, a youth substance withdrawal program that provided safe and supportive care to youth under the age of 19 years. The program was voluntary for youth and funded by the National Homelessness Initiative. During their withdrawal, youth resided in a four bed residential setting with the support of a psychiatric nurse and 24 hour staff. The Iridian Centre was the residential withdrawal component of the Iridian Project.

In July 2005 the Iridian Centre closed due to lack of sustainable funding. Between March and September 2005 Okanagan Families Society received overwhelming media attention due to the closure of the Iridian Centre. Concerned community members wrote letters to the editor, and some former Iridian Centre participants came forward publicly to share their success stories, and to advocate sustainable funding for the Centre. Several television short documentary features by Shaw Cable and CHBC focused on impending closure of the Centre and provided an opportunity for former participants to share their experiences with a wider audience. Society staff also participated in talk radio interviews with CBC, and CKOV Standard Radio stations.

Iridian Advisory Group

The Iridian Centre received unprecedented public exposure, and as a result the Society formed an Advisory Group of concerned community members that expressed an interest in supporting the Iridian Centre and the Iridian Project through promotion and fundraising activities.

Community Forum. Youth Addictions and Homelessness: Issues and Perspectives

In September 2005 the Society put on a forum *Youth Addictions and Homelessness in the Okanagan: Issues and Perspectives* that included a tour of the Iridian Centre. The forum was attended by over 100 community members.

The event was MC'd by Ian Graham, Chair of the Kelowna Homelessness Steering Committee and speakers included Shirley Chau, Associate Professor of Social Work, University of British Columbia Okanagan, Anita Helwing, former Psychiatric Nurse at the Iridian Centre, Mike Gaudiuk, Area Director,



Okanagan Boys and Girls Club, Sharon Shepherd, City Councillor, Dennis Dandeneau, Executive Director of Okanagan Families Society, two former youth participants of the Iridian Centre, and a parent of a young adult who has experienced substance misuse.

Participants of the forum were invited to sign a guest book and a list of 'friends' was compiled. A number of attendees requested to be kept informed of the Iridian Centre and the Iridian Project activities.

The Iridian Night of the Arts

On December 13th 2005 the Society hosted *The Iridian Night of the Arts*, a fundraising event that was spearheaded by local youth advocate, journalist and music critic Charlie Hodge. The event was held at the Kelowna Community Theatre and attended by over 300 people. Local musicians performed at the event as an in-kind contribution and a silent auction included many items donated by local artists and businesses. Local pizza restaurants generously donated pizza and free pizza slices were made available event participants. The event raised ten thousand dollars for Society programming for youth at-risk. Plans have been made to make this an annual event. The event was made possible by the dedicated work of many Okanagan Families Society staff who kindly volunteered their time to assist with the organization of the concert.

Short-Stay Housing Youth Addictions Proposal, Interior Health Authority

In March 2006 the agency responded to a Call for Proposals by Interior Health Authority to deliver the Short-Stay Housing Youth Addictions program to provide 8 short-stay beds for youth with substance misuse challenges. The Society proposed to deliver the services in partnership with sub-contractors North Okanagan Youth and Family Services Society (NOYFSS) in Vernon and the Penticton and District Community Resources Society (PDCRS) in Penticton as the homes will be located in Kelowna (2-4), Vernon (1-2) and Penticton (1-2).

Okanagan Families Society has proposed to recruit and screen youth home mentors and to provide orientation, training and ongoing support. The contract is budgeted at \$27,000 per unit.



United Way Funding Proposal

In March 2006 the agency applied for \$30,000 of funding from the United Way for core operational expenses. Following this the Program Coordinators of Healthy Children Initiatives, Youth Initiatives and Interim Placements made a presentation of the proposal to the Board of Directors at the United Way offices.

Research & Development Volunteer and Practicum Student Projects

From 2005 to 2006 the Research & Development Department worked on projects with nine practicum students from the University of British Columbia Okanagan, and three volunteers from the community.

Projects included:

- Development of a 30 minute film featuring interviews with youth who have experienced homelessness and/or substance misuse;
- Participation on the Promotions Team for the Iridian Night of the Arts and the concept design a flier, poster and brochure for the concert.
- Development of a fundraising campaign *Sponsor a Youth* for the Iridian Project, and;
- Assistance with the transcription of Community Needs Assessment data.

The Research & Development Department would like to thank all practicum students and volunteers for their support and valuable contributions to development projects from 2005-2006.

Donations to Research & Development Activities

The Community Needs Assessment project and the Iridian Night of the Arts fundraising concert would not have been possible without the generous donations of many businesses and individuals in the community, including:

Community Needs Assessment Project

19 Greens Put & Play Zone	Orchard Park Mall
Boston Pizza	Panago Pizza
Bredeaux Pizza	Pizza Hut
Extra Foods	Rogers Video
HMV	Sarpinos
Johnson-Bentley Memorial	Save-On-Food
Aquatic Centre	
Little Ceasars	Scandia Golf and Games



MacDonalds Restaurants
Markos Pizza

Tim Hortons
Verns Pizza

Donations to the Iridian Night of the Arts Silent Auction

Arnis Martial Arts School	Merle Norman Cosmetic Studio
Banks, Beverly, RMT	Mom and Me Flowers
Blais, Charlene	Montgomery, Nelson
Blockbuster's (Hwy. 97)	Morrish, Yvonne
Blockbuster's (Penticton)	Pandosy Books
Bohemian Café & Catering Co.	Perkins Family Restaurant
Boot Hill Gallery	Prestige Inn
Bylands Nursery	Promark Designs.com
Celeste Books	Purdy's Chocolates
Chapters	Save On Foods
Cherishables Gifts & Treasures	SEKSY
CKOV	Shades and F/X
Claremont, Lee	Soccer City
Cream Hair & Makeup Lounge	Sport Mart
Deep Muscle Massage Centre	Starbucks (Mission)
Downtown Tan	Stratton, David
Fong, Alex	Swan House B & B (Slocan City)
Graham, Ginny and Ian	Swiss Chalet
Hanson, Cherie	Tamara Wigglesworth Metalsmith Design
Harding, Marion	Ten Thousand Villages
Harmony Honda	The Colour Room
Hidden Treasures	The Grand Okanagan
Holt, Dianne	The Swan House B & B— Slocan City
Hudson, Elaine	The Women's Place
Island Snow	Theytus Books
Kelly O'Bryan's	Tim Horton's
Kelowna Rockets/Okanagan Families	Torino Clothing Co.
Kelsey's Restaurant	Trend Spa
Krahn, Jim	Turtle Island Gallery
Krahn, Marion	Valley Mitsubishi
Lust, Pat	W E Insurance Group
McCurdy Bowling	Wentworth Music



McDonalds Restaurants

White Spot – Dilworth &
McCurdy

Food Donations to the Iridian Night of the Arts

Bredeaux Pizza

Markos Pizza

Canadian 2 for 1

Olympia Pizza

Family 2 for 1 Pizza

Urban Harvest

Little Caesars



Financial Report

mackay.ca

**CHARTERED
ACCOUNTANTS**

MacKay LLP

Landmark Square
1726 Dolphin Avenue Suite 500
Kelowna BC V1Y 9R9
Tel: (250) 763-5021
Fax: (250) 763-3600
www.MacKayLLP.ca

Auditors' Report

To the Members of
Okanagan Families Society

We have audited the balance sheet of Okanagan Families Society as at March 31, 2006 and the statements of operations, changes in net assets and cash flows for the year then ended. These financial statements are the responsibility of the society's management. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In our opinion, these financial statements present fairly, in all material respects, the financial position of the society as at March 31, 2006 and the results of its operations and its cash flows for the year then ended in accordance with Canadian generally accepted accounting principles. As required by the Society Act of British Columbia, we report that in our opinion, these principles have been applied on a basis consistent with that of the preceding year.

Kelowna, Canada

May 17, 2006

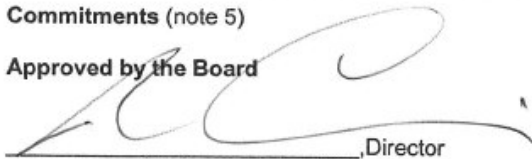
Chartered Accountants

**Okanagan Families Society****Balance Sheet**

March 31,	2006	2005
Assets		
Current		
Cash and cash equivalents	\$ -	\$ 7,372
Short-term investments	340,672	332,432
Accounts receivable	20,470	81,503
Prepaid expenses and deposits	38,244	23,708
	399,386	445,015
Property and equipment (note 2)	628,838	672,052
	\$ 1,028,224	\$ 1,117,067
Liabilities		
Current		
Bank indebtedness	\$ 14,065	\$ -
Accounts payable and accrued liabilities	171,533	175,690
Deferred revenue	30,219	54,711
Current portion of long-term debt (note 3)	12,960	302,230
	228,777	532,631
Long-term debt (note 3)	265,858	-
	494,635	-
Net Assets (note 4)		
Accumulated operating deficit	(66,431)	(35,386)
Internally restricted	250,000	250,000
Invested in property and equipment	350,020	369,822
	533,589	584,436
	\$ 1,028,224	\$ 1,117,067

Commitments (note 5)

Approved by the Board



 _____, Director



 _____, Director



Okanagan Families Society

Statement of Operations

For the year ended March 31,

	Interim Placements		Youth Initiatives		Family Services		Healthy Children		Support Centres		Total	
	2006	2005	2006	2005	2006	2005	2006	2005	2006	2005	2006	2005
Revenue												
Workshop Income	-	-	-	-	-	-	9,074	-	-	-	9,074	4,380
Investment Income	-	-	-	-	-	-	-	11,980	-	-	11,980	11,992
Fee For Service	-	-	-	-	453	-	-	-	-	-	453	-
Per Diem	12,418	-	-	-	-	-	-	-	-	-	12,418	-
Rental Income	18,700	-	-	-	-	-	-	-	-	-	18,700	23,858
Sales Income	7,163	-	-	-	-	-	-	-	-	-	7,163	-
Federal Funding	90,874	3,568	-	-	-	-	134,717	-	-	-	229,159	480,480
MCFD	723,045	418,963	-	-	405,000	-	111,000	-	-	-	1,661,008	1,808,791
IHA	-	-	-	-	-	-	26,494	-	-	-	26,494	-
IK National Funding	-	-	-	-	-	-	34,739	-	-	-	34,739	39,550
Grants	-	-	-	-	-	-	23,287	-	-	-	23,287	16,646
Membership Income	-	-	-	-	-	-	170	-	-	-	170	75
Donations	5,795	-	-	-	2,000	-	39,515	-	4,342	-	61,652	5,636
Gain on Sale	-	-	-	-	-	-	-	-	(280)	-	5,703	(10,084)
Miscellaneous Revenue	679	-	-	-	-	-	1,603	-	3,422	-	5,703	86,880
Total Revenue	\$ 856,674	\$ 879	\$ 422,531	\$ 381,098	\$ 410,453	\$ 1,603	\$ 381,098	\$ 19,616	\$ 3,422	\$ 2,052,371	\$ 2,472,204	
Expenses												
Program												
Salaries and Benefits	536,974	-	301,054	-	250,116	-	219,140	-	-	-	1,317,284	1,805,378
Boarding Rate Payments	-	-	-	-	-	-	-	-	-	-	-	54,739
Transportation	23,405	-	10,787	-	8,702	-	6,733	-	-	-	40,628	44,652
Food	19,260	-	1,736	-	1,826	-	6,592	-	-	-	28,423	41,907
Communication	10,870	-	8,707	-	4,845	-	6,123	-	-	-	30,548	24,487
Allowances & Personal Needs	8,388	-	465	-	151	-	17	-	-	-	9,003	11,353
Recreation	4,736	-	360	-	787	-	17	-	-	-	5,901	8,232
Childcare	-	-	-	-	-	-	3,217	-	-	-	3,217	1,842
Purchased Services	75	-	-	-	-	-	1,931	-	-	-	2,008	13,359
Education	303	-	568	-	37	-	64,057	-	-	-	64,965	39,672
Office Expense	11,726	-	6,421	-	5,885	-	5,459	-	-	-	29,280	8,104
Recruitment & Training	1,400	-	1,292	-	739	-	1,431	-	-	-	4,862	18,130
Promo & Publicity	5,548	-	1,901	-	1,072	-	3,878	-	-	-	12,998	8,347
Legal, Audit & Accounting	809	-	459	-	411	-	373	-	-	-	2,052	897
Memberships & Dues	523	-	-	-	-	-	357	-	-	-	880	-
Liability Insurance	5,942	-	3,460	-	2,968	-	2,632	-	-	-	14,969	-
Unrecoverable Expense	14,820	-	337,240	-	297,948	-	321,647	-	-	-	14,820	-
Facilities												
Rent	1,274	-	11,542	-	10,996	-	11,811	-	-	-	35,624	33,969
Mortgage Interest	14,119	-	-	-	-	-	-	-	-	-	14,119	11,084
Repairs and Maintenance	17,807	-	3,423	-	2,482	-	2,982	-	-	-	26,694	30,369
Property Taxes & Insurance	3,247	-	2,998	-	2,572	-	2,612	-	-	-	11,127	25,907
Amortization	19,688	-	32	-	-	-	-	-	-	-	19,730	25,511
Utilities	13,722	-	1,920	-	1,695	-	1,094	-	-	-	19,530	15,554
Support Centres												
Administration	116,113	-	65,699	-	61,059	-	50,877	-	-	-	295,638	294,826
Promotion and Communication	141	-	67	-	72	-	82	-	-	-	332	2,336
Program Development	22,499	-	12,990	-	11,678	-	6,686	-	-	-	66,735	19,271
Training and Quality Assurance	12,088	-	6,701	-	5,338	-	5,338	-	-	-	30,327	21,100
Program Reception	16,909	-	9,428	-	6,684	-	7,311	-	-	-	42,241	23,488
Total Expenses	\$ 853,284	\$ 94,945	\$ 451,738	\$ 393,014	\$ 393,014	\$ 414,522	\$ 360,131	\$ 425,573	\$ 360,131	\$ 2,143,218	\$ 2,390,551	
Surplus (deficit)	\$ (24,610)	\$ (29,267)	\$ 16,838	\$ 16,838	\$ 16,838	\$ 16,838	\$ (31,424)	\$ 19,616	\$ 19,616	\$ (50,847)	\$ 91,650	

**Okanagan Families Society****Statement of Changes in Net Assets**

For the year ended March 31,				2006	2005
Net Assets	Invested in Property and Equipment	Internally Restricted	Accumulated Operating Deficit		
Balance, beginning of year	\$ 369,822	\$ 250,000	\$ (35,386)	\$ 584,436	\$ 492,787
Excess (deficiency) of revenue over expenditure	(57,727)	-	6,880	(50,847)	91,649
Investment in property and equipment	37,925	-	(37,925)	-	-
Balance, end of year	\$ 350,020	\$ 250,000	\$ (66,431)	\$ 533,589	\$ 584,436

**Okanagan Families Society****Statement of Cash Flows**

For the year ended March 31,	2006	2005
Cash flow sources (uses)		
Operating activities		
Cash receipts from funding sources	\$ 2,131,751	\$ 2,355,501
Cash paid to suppliers and employees	(2,104,884)	(2,423,832)
Investment revenue received	11,980	13,792
Interest paid on mortgages	(14,119)	(13,381)
	24,728	(67,920)
Financing activities		
Mortgages repayment	(23,412)	(23,412)
Investing activities		
Increase in short term investments	(8,240)	(12,772)
Purchase of property and equipment	(14,513)	(87,103)
	(22,753)	(99,875)
Decrease in cash	(21,437)	(191,207)
Cash and cash equivalents, beginning of year	7,372	198,579
Cash and cash equivalents, end of year	\$ (14,065)	\$ 7,372



Okanagan Families Society

Notes to Financial Statements

March 31, 2006

1. Accounting Policies

The Society is incorporated under the Society Act of the Province of British Columbia for charitable purposes only and its major activity is to establish, maintain and operate resources to assist children and families under a continuing agreement with the Province of British Columbia. These financial statements have been prepared in accordance with Canadian generally accepted accounting principles. Because a precise determination of certain assets and liabilities is dependent upon future events, the preparation of financial statements for a period necessarily involves the use of estimates which have been made using careful judgment. These financial statements have, in management's opinion, been properly prepared within reasonable limits of materiality and within the framework of the significant accounting policies summarized below:

- (a) **Short term investments**
Short term investments comprise fixed income securities and are recorded at the lesser of cost and market value.
- (b) **Property and equipment**
Property and equipment are recorded at original cost plus any costs of betterment less accumulated amortization. Amortization is calculated by the declining balance method at the annual rates set out in note 2.
- (c) **Donation revenue**
Donations are recorded in the accounts only when received in cash or cash equivalents or by tangible property with a determinable current value.
- (d) **Contribution revenue**
Contribution revenue includes government contracts, grants, and donations. Restricted contributions are accounted for using the deferral method. Revenue from government contracts is recognized when earned in accordance with the terms of the contract.
- (e) **Financial instruments**
All significant financial assets, financial liabilities and equity instruments of the society are either recognized or disclosed in the financial statements together with available information for a reasonable assessment of future cash flows, interest rate risk and credit risk. Where practicable the fair values of financial assets and financial liabilities have been determined and disclosed; otherwise only available information pertinent to fair value has been disclosed.

**Okanagan Families Society****Notes to Financial Statements****March 31, 2006****2. Property and Equipment**

	Rate	Cost	2006 Accumulated Amortization	Net Book Value	2005 Net Book Value
Land - Bernard Avenue		\$ 84,500	\$ -	\$ 84,500	\$ 84,500
- Cadder Avenue		125,335	-	125,335	125,335
- Lawrence Avenue		11,750	-	11,750	11,750
Buildings - Bernard Avenue	5%	94,076	(40,972)	53,104	55,902
- Cadder Avenue	5%	278,180	(44,609)	233,571	245,865
- Lawrence Avenue	5%	62,069	(32,518)	29,551	31,106
Equipment and furnishings	20-30%	236,666	(145,639)	91,027	117,594
		\$ 892,576	\$ 263,738	\$ 628,838	\$ 672,052

Total amortization recorded was \$57,725 (2005 - \$53,278).

The Bernard Avenue and Cadder Avenue land and buildings are pledged as security for the mortgages set out in Note 3. The Lawrence Avenue land and building is subject to a covenant requiring its continued use for specified housing services.

3. Long-term debt

	2006	2005
Mortgage payable to Royal Bank at \$702 per month including interest at 6.49% per annum due May 2011	\$ 71,280	\$ 76,560
Mortgage payable to Royal Bank at \$2,187 per month including interest at 6.49% per annum due May 2011	207,538	225,670
	\$ 278,818	\$ 302,230
Less current portion	12,960	302,230
	\$ 265,858	\$ -

Scheduled annual repayments are as follows:

2007	\$ 12,960
2008	17,941
2009	19,141
2010	20,421
2011	21,786
2012 and thereafter	186,569
	\$ 278,818



Service Utilization

Priority Services				
Services	Number Of Admissions	Average Length of Service (Days)	Group Registrations	
			Number of Sessions	Number of Participants
Assessment & Consultation	1	198.5	N/A	N/A
Family Counseling	60	244.1	N/A	N/A
Peer Support Group	15	42	42	15
Kids in Control Group	5	8	8	5
Youth Transitions	26	407.2	N/A	N/A
Youth Projects	1	155.0	N/A	1
Transition Suites	13	212.6	N/A	N/A
Lawrence Avenue	9	156.8	N/A	N/A
Foster Home Support	13	N/A	N/A	29
Iridian Centre	24	5.9	N/A	N/A
Totals	167		50	50

Priority Services – Referrals by Source	
ARC Services	2.0
Central Okanagan Boys and Girls Club	3.0
Cicada Place	1.0
Drug & Alcohol Centre	2.0
Ministry for Children and Families	97.0
North Okanagan Youth and Family Services	1.0
Pathways	3.0
Self Referral	16.0
Total Referrals	125.0



Participant Profile								
Program	Age in Years						Gender	
	0-6	7-11	12-15	16-17	18	19-24	Male	Female
Assessment & Consultation	1	1	2				2	2
Family Counselling	22	25	42	6	1	1	52	45
Youth Transitions			11	41	11		33	30
Youth Projects					1			1
Transition Suites				12	8		5	15
Lawrence Avenue		2	7	4			9	4
Iridian Centre			3	16	6	2	5	22
Totals	23	28	65	79	27	3	106	119

Healthy Children Initiatives Performance Indicators (2005-2006)				
Program	Number of Courses	Number of Sessions	Parents (parent attendance)	Children (child attendance)
Parenting Support Groups				
Giggles & Hugs, Tots Making Tracks, Special Deliveries	n/a	278	124 (1445)	224 (1685)
Drop-In Parent Support				
Family Resource Program	n/a	84	(1516)	(2081)
Parent Talk (Nov 05-March 06)	n/a	15	(252)	(299)
Parenting Courses				
Pre Natal Wellness, Parent Education, Facilitator Training	20	123	166 (1071)	N/A
Parenting With Purpose				
Media activities	Over 2500 copies of PWP Newsletter distributed to organizations & individuals; weekly spot on CHBC TV & 1150 AM radios; newspaper & magazine articles			
Public Events	3rd Annual Parenting Conference-'Parenting with Pizzazz' (key note: Kathy Lynn) attended by 130 parents; child minding for 60 children Guest speaker Meg Hickling - 2 sessions attended by 122 participants			
Invest In Kids BC Affiliate				
Parenting Boxes	1750 Welcome to Parenting Boxes distributed across the Province (April to July 05)			
Training Institutes	2 training institutes offered over 4 days (Oct 05) and attended by 30 professionals			



Appendix

Funders

City of Kelowna
Community Action Towards Children's Health
Communities for Kids
Interior Health Authority
Invest in Kids, Toronto
Kelowna Child Care Society
Kiwanis Club – Summit
Ministry of Children and Family Development
Private Donations
Public Health Agency of Canada

Community Affiliations

Bankhead Family Place
Building Healthy Families
CATCH Coalition
Central Okanagan Child Development Association
City of Kelowna
Invest in Kids
Kelowna Child Care Society
Kelowna Christian Centre
Kelowna Community Resources
Kelowna Family Centre
Ki-Low-Na Friendship Centre
Kiwanis Club - Summit
Lower Similkameen Community Services Society
Okanagan Boys and Girls Club
Okanagan University College
Parents
Princeton Child Care Society
Public Health Nursing
Regional District of the Central Okanagan
School District No. 23
South Okanagan Integrated Social Services Society
St. Michael's Anglican Church
Westbank First Nations
Willow Park Church
YMCA/YWCA



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Personnel

Dennis Dandeneau, Executive Director

Residential Services

Chris Furby-Coordinator

Fia Andersson-Residence Supervisor

Vince Matlo-Residence Counsellor

Tracy Spittal-Residential Counsellor

Sharon Hodge-Casual

Erin Robinson-Residential Counsellor

Dawn Adams-Residence Worker

Joelle Wall- Casual

Sandra Wilcox- Residence Worker

Rebecca Lyon- Residence Worker

Anne Mackay- Residence Counsellor

Rick Spencer-Awake Night Worker

Cameron Bryan- Awake Night Worker

Kerry Donovan-Casual

Nicole MacPherson-Casual

Brett Butchart, Casual

Jennifer Carter, Casual

Shelanne Hepp, Casual

Iridian Centre

Chris Furby-Residence Supervisor

Kevin Gianakos- Awake Night Worker

Jen Carter-Residence Worker

Lyse Collins-Residence Worker

Vince Leier-Residence Worker

Carol Lust-Awake Night Worker

Judith Murphy-Awake Night Worker

Virginia Nickoli-Casual

Roberta Morgan-Casual

Ruth Leahy-Casual

Gayle Simms-Casual

Geoff Barker-Casual

Foster Home Support

Dave Daley-Foster Home Support Facilitator

Transition Suites

Susan Foisy-Transition Suites Facilitator

Family Services

Leigh MacLeod-Coordinator

Donna Eliuk-Counsellor

Greg Hofmann-Counsellor

Marianne MacPherson-Counsellor



Anita Sawyer-Counsellor
Lani Soar-Counsellor
Amanda Donaldson, Counsellor
Anita Helwing-Psychiatric Nurse

Youth Services

Leigh MacLeod-Coordinator
Anne Barnes-Counsellor
Tracey Begg-Counsellor
Carol Lust-Counsellor
Colin Smith-Counsellor
Cheryl Longeway-Counsellor
Lisa Schechtel-Counsellor
Charles Young-Counsellor

Healthy Children Initiatives

Anima Anand-Program Coordinator
Valerie Fichtner-Provincial Coordinator, Invest in Kids, BC
Michele Hucul-Parenting Support Facilitator
Sheryl Sargent-Parenting Support Facilitator
Elizabeth VanDyk-Parenting Project Facilitator & Parent Educator
Beverly Burry-Parent Educator
Myrna Kalmakoff-Parent Educator
Maggie Reigh-Parenting Project Facilitator
Nadine Edis-Parenting Support Facilitator
Lori Parkinson-Early Childhood Educator
Amanda de Valk-Early Childhood Educator
Diana Brinton-Parenting Support Assistant
Heather Yeats-Parenting Support Assistant
Doreen Duddy-Parenting Support Assistant

Training and Quality Assurance

Lisa Schechtel-Training and Quality Assurance Facilitator

Research and Development

Natalie Chambers-Research and Development Officer

Support Services

Gillian Gibbs-Administrative Assistant
Vicky Moore-Administrative Assistant
Kim Rougeau-Administrative Assistant
Christine Piasta-Administrative Assistant

Consultants

Craig Cunningham-CGA
Len Ingram, Database Software Developer, MCP
Elizabeth Barbeau, Accreditation Consulting, Ph.D.
Randy Kissick, CNE, MSCE, CCA, Vision Information Systems



Students

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Katherine Haley
Kathleen Howard
Lisa Knauf
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Volunteers

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Julie Ross
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Laura Clarkson
Lois Landiak
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Marilyn Grange
Marion MacNeil
Monika Ingram
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Thank you to all for their important contribution to the work of the Society.



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